

NOVEMBER 2019

HIGH STREET TIMES

STRENGTHENING COMMUNITY
THROUGH THE HOLY SPIRIT
EMBRACING ALL PEOPLE
WITH CHRIST'S COMPASSION
CONNECTING YOUNGER GENERATIONS
IN GOD'S LOVE



HIGH STREET UNITING CHURCH, 16-18 HIGH STREET, FRANKSTON
WWW.FRANKSTONUNITING.ORG.AU

MINISTRY TEAM 2019...

Hannah Dungan



Youth Chaplain/Coordinator
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Rev David Fotheringham



Minister
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Rev Arthur Poole



Pastoral Carer
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Jacqui Harris



Church Administrator
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Mandy Lake



Monash Uni Chaplain &
Child Safety Officer for HSUC
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Emma Lindenburg



Playgroup Co-ordinator
Available: Fridays 9am-11am

HIGH STREET UNITING

16-18 HIGH STREET, FRANKSTON



Office Hours:

Tuesday - Friday

9am - 1pm

(closed Mondays)

Ph. (03) 97833400

E: frankstonuc@gmail.com

Worship Times

Sunday 9am -

Traditional Worship

Sunday 10:40am -

Contemporary Worship




WE ACKNOWLEDGE THE TRADITIONAL OWNERS
OF THE LAND ON WHICH WE GATHER

BUNURONG PEOPLE

WE PAY OUR RESPECTS TO THEIR ELDERS
PAST AND PRESENT
AND ALL THEIR DESCENDANTS

UNITING CHURCH IN AUSTRALIA
COVENANT WITH THE
UNITING ABORIGINAL AND ISLANDER
CHRISTIAN CONGRESS



May the Lord
be my light
in the dark.

For Our Prayers

Each month, High Street Times publishes the names of some of the people who are associated with our congregation, but who find it difficult or are not able to attend on Sunday mornings. Some of those listed here come to Tuesday Communion. We do not want to forget any of them; this is one way of keeping them in our prayers. If you or someone you care for would like to be added to this list (or removed from it), please contact Jacqui in the church office.

Pray for Leon & Shiela Knoop, Barbara O'Malley, Gwen Paxino, Audrey Smith, Glad Thuraisingha, Audrey LaBrooy, Ruth Conn, Fay Dungey, Marie de Silva, Gwen Taylor, Lola Coupe, Eileen McCarty, Effie Tilley, Molly Maughan.

Pray for those who are recently bereaved.

Pray for Juli Lincoln and for all who are dealing with cancer and other illnesses.

Pray for the students during their VCE exams.

Pray for those who are recovering from operations.

Pray for Stephen Bernaudo in the candidature selection process.

Pray for the youth activities of the church, and for the Church Camp.

Pray for the other church congregations in our vicinity.

Pray for Wing Wong, and for the people of Hong Kong; for Tom Sutherland and the projects that we support in India and in East Timor.

Gracious God,
into your hands we commend ourselves and all those
whom we love,
trusting in your love and grace for us
in Jesus, our Saviour and Lord. Amen.

HSUC CHURCH PICNIC

BEAUTY PARK, FRANKSTON
SUNDAY 3RD NOVEMBER, 2019
12:00PM

BYO FOOD & CHAIRS
(SOME WILL BE PROVIDED)

FREE SUNSHINE!

(if sunshine is unavailable we
will picnic in the hall instead!)



HSUC CHURCH CAMP

22ND, 23RD, 24TH NOVEMBER 2019

- Registration Forms to the office by 10th November.
- Camp Payments are due by Wednesday 20th November.
- Forms available in the foyer or you can download from our website.

FROM THE MINISTER



On the last weekend in October, as this copy of High Street Times is beginning to be distributed, I will be at a conference held by the group with which I've been doing some Spiritual Formation retreats over the last few years.* One of the speakers at the conference will be James Bryan Smith, author of books like "The Good and Beautiful God". The contention of that book, and the basis of much of our Formation work, is that the way that we learn to understand God is pivotal to who we are and how we live. Many of us have narratives like "God wants me to try harder" or "God is disappointed in me" or "God blesses me when I'm good and punishes me when I'm bad"; these ideas need to be tested against what Jesus reveals about God, as we read his story in the gospels.

Jesus reveals a God who loves us and delights in us, as he proclaims that God's kingdom is close to us for us to embrace. In him we see the Shepherd who both leads us to green pastures and beside still waters, and who walks with us through the darkest valleys too. I quote that, from Psalm 23, conscious that the Sunday services this weekend also mark a time for remembering those we love who have died, for which both the words of peace and the assurance of God's presence in the valley are so relevant.

There are other particular opportunities coming up this month for times of fellowship and sharing together, including the Church Picnic on 3 November, and the Church Camp on 22-24 November; there is additional information about those events both within and in the church foyer. All are welcome at both events, including day visitors at the camp - please register beforehand for the sake of catering.

Thank you to those who have shared in pastoral care and ministry especially while I've been away; my recent long service leave was a wonderful time of refreshment for which I'm very grateful.

God's peace be with you,
David

*If anyone is interested, there is a new 12-month Spiritual Formation program beginning in 2020. It includes a retreat in late February in Mooroolbark, a week in June in Brisbane and a conference in October. Please speak to me if you would like more information about it.



Christmas Fair

Saturday 7 December

10am to 2pm

High Street Uniting Church
16-18 High Street, Frankston



JOIN US! Devonshire teas and
a coffee cart, cakes,
Christmas themed fancy
goods, gifts and cards,
gourmet hampers to be
won, live entertainment,
children's activities and
more!

ALL WELCOME

Help to save our 105 year old historic **AEOLIAN PIPE ORGAN!**

WHAT'S THE PROBLEM?

We all appreciate that as we age, parts of our body wear out and don't function as well as they used to, don't we?

Our pipe organ has a newly diagnosed chronic serious 'breathing problem'! The 'windchest' of our pipe organ, which is made of leather and supplies the critically-important wind to the pipes, has quite simply worn out and is about to completely disintegrate. This will make the organ inoperable.

Typically, such leather-work should have only lasted around 50 years, but in our case, we have had another 55 years of dutiful service! However, the time has come for this to be replaced and repaired.

HOW MUCH WILL THIS COST?

Our organ is one of only several still in existence and able to be played in Australia, and is a listed historic organ. If you attended one of the special organ recitals by Lachlan Redd, you will know first-hand the force, calibre and wonderful tonality of this organ. As such, there are very few skilled tradespeople able to maintain and repair it. Australian Pipe Organs is the only recommended repairer for our type of pipe organ. Due to the complexity of the repairs, and around four weeks of work required on it, the cost will be **\$24,600**, which is a significant sum of money.

Why doesn't Church Council authorise payment for these repairs?

We prioritise the use of the church finances to provide for the ministry and mission needs of this community, in line with our vision statement, and to cover the property maintenance requirements, which include the looming need to replace the hall roof and external hall windows. These are important repair tasks, which we cannot ignore. Therefore, Church Council has determined that we cannot allocate our scarce funds to repair our pipe organ, even though we recognise the importance of the organ and value it, just like you.

WHAT NOW?

Church Council is therefore launching a separate special fund **SAVE OUR AEOLIAN ORGAN APPEAL**.

We know there are many demands on our funds, but hope that many of you will recognise that we are custodians of this wonderful organ and accordingly have a duty to ensure it will continue to be played for generations to come.

Several people have already indicated that they will make a significant donation to this separate, special organ restoration fund. We would ask you to carefully reflect upon this matter and hopefully feel moved to donate.

Thank you in anticipation!

Happy 5th Birthday

VOICES OF FRANKSTON CHOIR

Today I am grateful. In 2014, I started as accompanist for this wonderful group with the awesome Levi McGrath at the helm. 2 years later I became their MD and today Voices of Frankston celebrated our 5th birthday.

Today's concert was a little retrospective of how much we've achieved in those 5 years both as individuals and as a choir. We are a choir of many and varied backgrounds which was created specifically to engage with people experiencing marginalisation and/or disadvantage whether that be through socio-economic factors, health, addiction or other life challenges. It was wonderful to hear from some of our members, who've been there since day 1, talk about the positive impacts this group has had on their personal wellbeing and their mental health. It was also very lovely to have one of our newest members speak about how welcomed he has felt and also the positives he's experiencing in a short space of time (his family and friends that we there were in tears of pride for him performing today).

The singing today was thoroughly brilliant with many audience members commenting on how 'together' the performance was and how great it sounded. The thing I loved most was how moved people are by our singing. Music is meant to be felt. I often say to my singers the words that are written in songs are written for a reason and we, as performers, get to do them justice. We get to take a breath, open our hearts and sing that message. To turn around from conducting and see people moved to tears is one of the great rewards of music because the message and music has connected.

My theme for today's concert was how to build a choir and I'm so proud to say that we as a team (which includes all aspects of our community from those of us 'out front' to the many, many people behind the scenes supporting the running of this choir over the years) have built something awesome.

We are a place of welcome for all, a place of genuine caring, a place where everyone can feel heard and, like True Colours says, we are beautiful like a rainbow. Happy 5th birthday my choir - I am so VERY honoured to be your Musical Director. 🌈🌈🌈

Kerry Gerrarty

Musical Director - Voices of Frankston Choir



TIMOR OUTREACH

Tim Lake recently had a facebook chat with Rocky whom we/you supported over a few years through my connections in Timor. He is doing really well and sent me a photo of him about to go to work. It's worth feeling satisfaction in how we were able to assist him in making his own positive difference in his life from a live-of poverty through our financial support.



FIRST MONDAY OF THE MONTH

LEGS

7:30PM - BLUE ROOM

BLESSING OF THE ANIMALS

13th October 2019





HIGH STREET UNITING CHURCH

WELCOMES ALL TO

PLAY GROUP

A WELCOMING SPACE FOR BABIES TO
PRE-SCHOOL AGE CHILDREN AND THEIR
FAMILIES TO SHARE IN PLAY, CRAFT,
MUSIC, STORIES & SNACK.

When:

Every Friday
during school
term.

Time:

9:15AM -
11:15AM

Where:

16-18 High St,
Frankston

WANT MORE INFO?

CONTACT EMMA: 0433667271 OR
CHURCH OFFICE: 97833400



HIGH STREET UNITING

COMMUNITY BBQ

EVERY
WEDNESDAY

11:30AM - 1:00PM



VOICES OF FRANKSTON COMMUNITY CHOIR

A choir from diverse backgrounds
who love singing together!

SING

Want to join the Choir?

We meet every Wednesday at 9:30am during
school terms. Free lunch provided.
All are Welcome.

FRIDAY PRAYERS

Every Friday at 10am the Chapel is open for people
to come and pray quietly. There is a reading
provided each week (which can be read aloud if
there is a group present); an invitation into 20
minutes of silence for prayer; and the Lord's
Prayer to close. Please feel free to come and make
the most of this opportunity.



Dear brothers and sisters in Christ,

AMPLIFY is a new event for our Synod, engaging young people across our Uniting Church congregations and schools. We are gathering young people aged 16-21 at Aitken College, Greenvale, for a day of worship, fellowship & celebration on **Saturday November 9, 2019.**

We hope you can support the event by encouraging young people to attend. There is no cost to attend, and we're sure they will have a fantastic day, worshipping together, hearing from special guests, and sharing their hopes and visions for our Uniting Church.

For safety and security reasons, and to ensure adequate catering, registrations are required no later than the evening of Tues November 5.

We're pleased to offer travel subsidies to help young people from regional communities attend. For our Tasmanian young people, up to \$200/person is available to help with airfares. For those travelling more than two hours each way from regional Victoria, we have travel subsidies of up to \$50/person available.

emPower!

YOUTH GROUP



Term 4 Dates:

Oct 13 - Man Hunt
Oct 27 - Murder Mystery
Nov 10 - Pool party
Nov 24 - Baking
Dec 8 - Beach walk

Dates for Diary:

Nov 3 - Church Picnic
Nov 22-24 - Church Camp!
Dec 6 - Christmas Fair!
Dec 24 - Christmas Carols
and Nativity!

ARMCHAIR TRAVELS EVENING

The Beauty, Romance and Resilience of Outback Queensland



**Sunday, November
10th, 4.30- 6.30pm**

@High Street Uniting Church, 16-18
High St, Frankston.

Followed by a Shared Supper

Entry \$10 in aid of Jagriti Bhalai

Kendra Society: Community Health

Project in North India

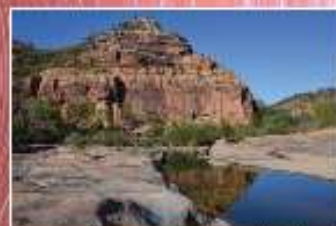
www.womanandchildhealth.org

Tickets from High Street Uniting

Church or

alan.mathews47@bigpond.com

0488 130747





A Letter Of Love Dedicated To Broken Hearts On The Mend Part II

Please permit me to rip this band-aid off quickly, with the hopes that this action reveals a truth most necessary in understanding how trauma and grief are interwoven into our personal healing processes. Suffering is the gauge on which our human experience can disseminate between that that is constructive, and that that is destructive. Physical and emotional carnage left in the wake of any destructive or unexpected act is often immeasurable, for it is experienced individually, making it hard in many cases to grasp the extent of a victims anguish. Mental or physical trauma's leave a unique signature in their victim - a pain-filled traumatic intrusive memory or memories. It is only upon deep reflection of ones anguish can the impact of such events start to be measured. From there an individuals' healing process can be ignited, beginning a journey toward recovery, leading fundamentally to that of grand survivor, and ultimately a profound teacher of truth and love.

Sufferance manifests in many ways; such is this evolutionary spectrum of humanity. Suffering is one of the most honest gauges one can use to identify their emotional need. Suffering varies, allowing individuals' perspective on their journey so far. Sufferance has the capability and capacity to provide guidance on were an individual or collective have come from, and like an evolutionary human compass, has the capacity to lead all to were each needs to find themselves in order to heal.

"As I gazed into the storm
of destruction, I saw a
piece of myself and I
wondered.

To have lost surely
delivers appreciation upon
that that is now found"

-Russell Hawkins

Placing your pain first, reflecting on its message, letting go, finding authentic validation in the difference between the darkest and the most glorified light filled of days is an education necessary to guide recovery. Innately others recognize similarities in your expression of pain and from there, their own perspective is found; for they too have felt the same. This is sufferings promise, this is sufferings gift, that of validation and perspective.

No more visceral example can be found than in the sudden loss of a child. This experience of ultimate loss can be the deepest of wounds that a mother, father, family and community can endure. With time, though the loss leaves a scar, it can heal allowing a greater appreciation of love, and a deeper awareness for life can be gained. We can love more, we can share more, and perhaps the subtle reminders of our past loss (the trauma, the grief, the scar) elevate daily reminders of what was found after healing; providing an even bigger appreciation for what came before "our awareness", making us honestly appreciate what we have.

Essentially sufferance becomes a necessary tool that you need to understand how to use. By recognizing pain in yourself, or acknowledging the grief or trauma of others, inroads are made promoting the potential to become not only a teachable moment, but a most integral point, or catalyst from which healing can flourish. When using your suffering constructively, this now recognized tool helps toward validating and authenticating our or another's need to heal.

Without this cognitive appreciation, it can be exceptionally hard to manifest admiration and the deep faith required in finding your own true constructive self. Sufferance then has the potential to become a beast of burden poised to be relived and quite possibly repeated, until healing is found.

We have a duty of care to ourselves and to others to appreciate our worth no matter how broken we may feel inside. It is impossible to heal if you are not present in your recovery. Resilience is what leads us to seek holistic restoration, or a re-presented truth, it is this same resilience that will see an individual face their sufferance head on, helping those recovering in reclaiming the power their trauma wrongly stole from their soul, self and precious being.

Healing comes in many forms; it can be a visual representation of constructive growth, a mindful expression of development and an individually prescribe spiritual tonic. Healing is beholden to life, eternally. So beautiful is this law of manifestation that it can easily be lost in translation.


Imagine yourself at the top of a hillside looking up to the stars with a heavy heart. Though your heaviness, your trauma, your grief appears unmanageable, an innate guidance sees your vessel grounded upon a hillside. As you draw breath in from the warm night air visual representations of the sublime are exquisitely interrupted by glimmers of hope in the distance. Brightly shining whispers remind your soul of its worthy vessel; grounded upon the hillside. Breathing, living, learning and letting go makes room for the next breath, the next light, the next hope. Finding awareness in this pleasure and pain is a duality of evolution.

A gift and grievance - this is suffering. Her lessons are some of the most wonderful teachable moments you will ever encounter. Only from suffering do we find a way to healing and a holistic thankfulness for love.

Always remember that it is you that seeks to heal and within yourself you will find everything necessary to provide this gift of self-love and respect. We are all so worthy of the bounties hope, love and faith have to offer and that's just the start. The more you grow, the more you heal, then the awareness and development of a deeper consciousness begins and with that a greater empathy and understanding of the environments in and around you.

What a warrior you are becoming.

With love,
Russell



"As the dew
glistened, I could
hear her. I was awake
and I remembered
my true worth"
- Russell Hawkins

November Diary

MONDAY 4 - OPERATION LARDER - 8:30AM

BAND PRACTICE - Church - 8:00pm

TUESDAY 5 - WALKIE TALKIES - Patterson Lakes Shops Facing Thompson Rd - 8:30am

TUESDAY COMMUNION LUNCHEON - 11:30am

WEDNESDAY 6 - VOICES OF FRANKSTON CHOIR - 9:30am

COMMUNITY BBQ - Front verandah - 11:30am

THURSDAY 7 - WALKIE TALKIES - Eden Gardens Cnr Canadian Bay Rd, Nepean Hwy - 8:30am

FRIDAY 8 - PLAYGROUP - Back Hall & Green Room - 9:15am

QUIET PRAYER - Chapel - 10:00am

SUNDAY 10 - TRADITIONAL WORSHIP - 9am

CONTEMPORARY WORSHIP - 10:40AM

emPOWER YOUTH GROUP - Back Hall - 3:30pm

ARMCHAIR TRAVELS WITH ALAN MATHEWS - Church - 4:30pm

MONDAY 11 - OPERATION LARDER - 8:30AM

BAND PRACTICE - Church - 8:00pm

LEGS - Blue Room - 7:30pm

TUESDAY 12 - WALKIE TALKIES - Liddesdale Ave Frankston, Sweetwater Crk - 8:30am

WEDNESDAY 13 - VOICES OF FRANKSTON CHOIR - Church & Hall - 9:30am

COMMUNITY BBQ - Front verandah - 11:30am

CHURCH CHOIR PRACTICE - Church - 3:30pm

THURSDAY 14 - WALKIE TALKIES - 35 Sanders Rd Frankston - 8:30am

AMITIE CRAFT GROUP - Church Foyer - 2:00pm

FRIDAY 15 - PLAY GROUP - Back Hall & Green Room - 9:15am

QUIET PRAYER - Chapel - 10:00am

SATURDAY 16 - SHARED LUNCH - Venue TBA

SUNDAY 17 - CHAOS - 7PM

TRADITIONAL WORSHIP - 9am

CONTEMPORARY WORSHIP - 10:40AM

MONDAY 18 -

OPERATION LARDER - 8:30AM

TUESDAY 19 - BAND PRACTICE - Church - 8:00pm

WEDNESDAY 20 - WALKIE TALKIES - Target Somerville - 8:30pm

VOICES OF FRANKSTON CHOIR - Church & Hall - 9:30am

COMMUNITY BBQ - Front verandah - 11:30am

THURSDAY 21 - CHURCH CHOIR PRACTICE - Church - 3:30pm

WALKIE TALKIES - Coles Carpark Ashleigh Ave - 8:30am

FRIDAY 22 - MISSION GUILD - Chapel - 1:30pm

PLAY GROUP - Back Hall & Green Room - 9:15am

QUIET PRAYER - Chapel - 10:00am

CHURCH CAMP - Merricks Lodge - 7pm

SATURDAY 23 - CHURCH CAMP - Merricks Lodge - all day

SUNDAY 24 - CHURCH CAMP - Merricks Lodge - till 12pm

MONDAY 25 - OPERATION LARDER - 8:30AM
BAND PRACTICE - Church - 8:00pm
TUESDAY 26 - WALKIE TALKIES - Seaford LSC Nepean Hwy - 8:30pm
COG MEETING - Team Meeting Room - 7:30pm
WEDNESDAY 27 - VOICES OF FRANKSTON CHOIR - Church & Hall - 9:30am
COMMUNITY BBQ - Front verandah - 11:30am
CHURCH CHOIR PRACTICE - Church - 3:30pm
THURSDAY 28 - WALKIE TALKIES - Flora and Fauna Rsv McClelland Dr Langwarrin - 8:30am
ELDERS MEETING - Blue Room - 1:00pm
FRIDAY 29 - PLAY GROUP - Back Hall & Green Room - 9:15am
QUIET PRAYER - Chapel - 10:00am
SUNDAY 1 TRADITIONAL WORSHIP - 9am
DECEMBER - CONTEMPORARY WORSHIP - 10:40AM
OPEN CAFE - Foyer - 5:00pm

Written after a recent sermon about the disciples
asking for "more faith", but being told that a
mustard seed's worth is enough.

By Thomas Richardson.

Life is about small Graces
Like a perfectly made take away coffee on your way to work
Your favourite song comes through your car stereo
You could spend your whole life looking for a walk on water moment
But for me a violently electric sunrise is enough
Rain drops floating on the bottom branch of a spring blossom
The person in the shopping line who freely gives when you are 2 dollars short
I am always thankful that I am here another day
And I give thanks and praise because of my 20s
When I tried to turn back my own creation
I remember the presence of love that had me reaching for the phone for an
ambulance
The presence that made me feel the difference between a self made emergency
And those heavy with beauty fighting for life in the emergency department
Life might not be perfect
And pain comes in waves over the soul
Just as much as happiness
But it's the small grace
The small miracle
The wind stroking the leaves of the gum tree
Outside the factory where you work
While Melbourne wakes up
Another breath in and out

NOVEMBER - Traditional Worship Duty Roster

ELDERS DUTY ROSTER

DUTY ELDERS: Erica Hutchinson, Daryl Groves

COMMUNION SET-UP: Dorothy Bucher, Shirley Groves

HELPERS: John Coulson, Jen Johnson

DATES:	STEWARD:	MORNING TEA:	DATA PROJECTOR:	BIBLE READER:	FLOWERS:
3 NOV	Jim Devine Neville Parker	Graeme Horsburgh Jenny Horsburgh Sue Baker Carol Calderbank	Murray	Keith Holmes	Beryl & Marg
10 NOV	Jim Devine Neville Parker	Karin Jooste Michael Johnson Jenni Johnson Vilma Labrooy	Murray	Marlene Thresher	Marion Coulson
17 NOV	Mick Johnson Jenni Johnson	Jill Cayzer Enid Churcher Rona Russell Robert Latimer	David	Alan Mathews	Marion Coulson
24 NOV	Mick Johnson Jenni Johnson	Elaine Kenyon Marlene Thresher Ron Carolus Eileen Carolus	David	Bev Fowler	Fay Loader
1 DEC	Rona Russell Heather Rawson	Margaret Snyder Virgil Snyder Ali Vagenas Marion Day	Tawanda	Bronwen Mathews	Fay Loader

NOVEMBER - Contemporary Worship Duty Roster

DATES:	STEWARD	WELCOMER	HOSPITALITY	HOSPITALITY
3 NOV	PICNIC	PICNIC	PICNIC	PICNIC
10 NOV	Santhira	Patti	Arthur	Ruth
17 NOV	Lindy	Ley	Arthur	Ruth
24 NOV	CHURCH CAMP	CHURCH CAMP	CHURCH CAMP	CHURCH CAMP
1 DEC	Santhira	Ley	Joy	Barb