

JULY 2020

HIGH STREET TIMES

Connecting Younger Generations **IN GOD'S LOVE**
Embracing All People **WITH CHRIST'S COMPASSION**
Strengthening Community **THROUGH THE HOLY SPIRIT**



HIGH STREET UNITING CHURCH,
16-18 HIGH STREET, FRANKSTON

WWW.FRANKSTONUNITING.ORG.AU



MINISTER: Rev David Fotheringham **(0407 861 092)**
PASTORAL CARER: Rev Brenda Cooper **(0405 194 327)**
YOUTH & CHILDREN WORKER: Meg Ryan **(0415 255 289)**
MONASH UNIVERSITY CHAPLAIN: Mandy Lake
CHURCH ADMINISTRATOR: Jacqui Harris
FIND US AT: www.frankstonuniting.org.au
EMAIL: frankstonuc@gmail.com
CHURCH PH: 9783 3400

For Our Prayers.....

Each month, High Street Times publishes the names of some of the people who are associated with our congregation, but who find it difficult or are not able to attend on Sunday mornings. At the moment, none of us can gather physically at the church, so we are praying for everyone! Nevertheless we especially remember the following:

Leon & Shiela Knoop, Barbara O'Malley, Gwen Paxino, Audrey Smith, Glad Thuraisingha, Audrey LaBrooy, Ruth Conn, Fay Dungey, Marie de Silva, Lola Coupe, Eileen McCarty, Molly Maughan.

Pray for Hannah and Sophia

Pray for all those who mourn Ray's passing, especially Helen

Pray for those who have had recent surgery, including Robert, Murray, Virgil, Beryl and Beth.

Pray for Roy.

Pray for Arthur and Ruth.

Pray for Carli, a friend of Jenni's.

Pray for Jenna, with leukaemia, and Anthony, with pneumonia.

Pray for Marlene's brother Fred and his wife Diane.

Pray for Millie's brother Bill, recovering from the virus in Scotland.

Pray for Marilyn's niece, Wendy, and her brother Colin (also known as George).

Pray for Andrew, recovering from stroke in Queensland.

Pray for Naomi and the community in which she is providing care.

Pray for those who are struggling with mental health and connection through this period.

Pray for those who have lost employment.

Pray for those who are recovering from the bushfires.

Pray for the VCC Emergencies Ministry.

Pray for the homeless and those providing support for all in need.

Pray for doctors and nurses and those working in essential services.

Pray for the countries who have been hit so hard by the virus; and for those who are now very vulnerable.

May the Lord
be my light
in the dark.



Gracious God, into your hands we commend ourselves and all those whom we love, trusting in your love and grace for us in Jesus, our Saviour and Lord. Amen.

FROM THE MINISTER

Dear friends,

I have in my possession a book called “A Voice in the Wilderness: Listening to the Statement from the Heart”, by Celia Kemp, the Reconciliation Coordinator for the Anglican Board of Mission. It’s illustrated by Glenn Loughrey, a Wiradjuri man who is the Anglican priest in Glen Iris and who has signed my copy.

The book contains 8 studies for a small group around the themes arising from the Statement from the Heart. If anyone would like to look at it, or if any small group of people would like to spend some time working through it, please let me know (we may need to purchase extra copies).

I raise this because even while we remain restricted, we still have a part to play in the ways that we respond to the issues raised by the rallies in Australia and elsewhere; being well informed is a great first step. The Statement from the Heart itself can be readily accessed online; it is not long.

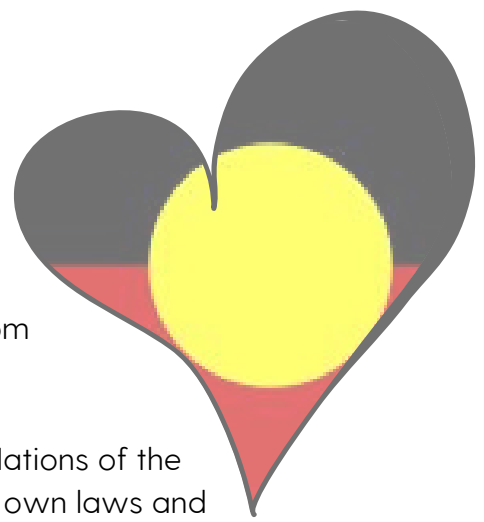
The Church Council appointed “Covid Safety Oversight Group” is meeting regularly to work through what it possible for small groups, outreach work, and eventually for large gatherings for worship. I am very grateful for the ways in which the congregation has engaged so well with telephone and zoom worship. The Church Council will also be discussing what kinds of local outreach programs we can consider at present, and how.

With a little more visiting beginning to happen, please continue to take care. I enjoy seeing and hearing people through phone and zoom links, and I hope that there is some satisfaction in that for all of us.

“Are not two sparrows sold for a penny? Yet not one of them will fall to the ground apart from your Father. And even the hairs of your head are all counted. So do not be afraid; you are of more value than many sparrows.”
(Matthew 10:29-31)

God’s peace,
David (davidfoth7@gmail.com)

Uluru Statement from the Heart



We, gathered at the 2017 National Constitutional Convention, coming from all points of the southern sky, make this statement from the heart.

Our Aboriginal and Torres Strait Islander tribes were the first sovereign Nations of the Australian continent and its adjacent islands, and possessed it under our own laws and customs. This our ancestors did, according to the reckoning of our culture, from the Creation, according to the common law from 'time immemorial', and according to science more than 60,000 years ago.

This sovereignty is a spiritual notion: the ancestral tie between the land, or 'mother nature', and the Aboriginal and Torres Strait Islander peoples who were born therefrom, remain attached thereto, and must one day return thither to be united with our ancestors. This link is the basis of the ownership of the soil, or better, of sovereignty. It has never been ceded or extinguished, and co-exists with the sovereignty of the Crown.

How could it be otherwise? That peoples possessed a land for sixty millennia and this sacred link disappears from world history in merely the last two hundred years?

With substantive constitutional change and structural reform, we believe this ancient sovereignty can shine through as a fuller expression of Australia's nationhood.

Proportionally, we are the most incarcerated people on the planet. We are not an innately criminal people. Our children are alienated from their families at unprecedented rates. This cannot be because we have no love for them. And our youth languish in detention in obscene numbers. They should be our hope for the future.

These dimensions of our crisis tell plainly the structural nature of our problem. This is the torment of our powerlessness.

We seek constitutional reforms to empower our people and take a rightful place in our own country. When we have power over our destiny our children will flourish. They will walk in two worlds and their culture will be a gift to their country.

We call for the establishment of a First Nations Voice enshrined in the Constitution. Makarrata is the culmination of our agenda: the coming together after a struggle. It captures our aspirations for a fair and truthful relationship with the people of Australia and a better future for our children based on justice and self-determination.

We seek a Makarrata Commission to supervise a process of agreement-making between governments and First Nations and truth-telling about our history.

In 1967 we were counted, in 2017 we seek to be heard. We leave base camp and start our trek across this vast country. We invite you to walk with us in a movement of the Australian people for a better future.

WORSHIP LINKS

(except 31 May – combined worship – see other notices)

TRADITIONAL

(9:00am)

Phone: (03) 7018 2005;

Meeting ID: 616 254 006;

Participant ID: (none – just press #); **Password:** 3199.

If you want to join using a video link that is also possible by going to

<https://zoom.us/j/616254006>

but the focus will be on people linking by phone.

CONTEMPORARY

(children from 10:25, main worship from 10:40)

<https://zoom.us/j/556610676>

or phone (03) 7018 2005; **Meeting ID:** 556 610 676;

Password: 3199.

WEBSITE:

Reflections accessible in text format.

<https://www.frankstonuniting.org.au/>

OFFERINGS

If you are not connected to regular direct debit, one-off or regular offerings

can be made to the church by transfer to

FRANKSTON UNITING CHURCH

BSB: **063 133**

Account: **800128**

Description: **OFFERING**

Alternatively, keep a bowl for your offerings at home, or mail a cheque to the church office,

16-18 High Street, Frankston 3199.

JULY 2020 - DIARY

- Sunday 5 July – Communion Sunday – have a small piece of bread and some wine or grape juice, whatever you can manage, with you for worship.
- Thursday 9 July, 1:00 - Elders
- Tuesday 21 July, 7:30 – Contemporary Oversight Group (COG)
- Wednesday 29 July, 7:30 – Presbytery
- Sunday 2 August - Communion Sunday – have a small piece of bread and some wine or grape juice, whatever you can manage, with you for worship.
- Tuesday 4 August, 7:30 – Church Council

Engagement !

Congratulations to Thomas Richardson and Junica who announced their engagement this month!



Disability Royal Commission

Invitation from the Royal Commission into Violence, Abuse, Neglect and Exploitation of People with Disability (DRC)

The Royal Commission is now well underway and is inviting people to share experiences of violence, abuse, neglect and exploitation of people with disability.

The Synod of Victoria and Tasmania welcomes this Royal Commission and is committed to responding actively and fully. The Commission provides an opportunity for us to work together with people with disability to create a society that is inclusive, respectful of difference and where all people are valued and honoured.

If you have experienced violence, abuse, neglect or exploitation as a person with a disability, or are aware of this happening, we encourage you to tell your story or make a submission to the Disability Royal Commission. You can do this in writing or by asking for a private session with a Commissioner. It can be distressing and difficult to raise these issues and the Commission can provide you with counselling and support. For more details go to <https://disability.royalcommission.gov.au/share-your-story>.

Legal, emotional and advocacy support services are available to people engaging with the Disability Royal Commission. More information about these support services can be found at <https://disability.royalcommission.gov.au/counselling-and-support>.

You may also like to look at a video produced by VALiD 'People with Disability in the Community'
<https://www.dropbox.com/s/it2dk8zlcg8nb/People%20with%20Disability%20in%20the%20Community.mp4?dl=0>

You do not need to talk to us about your experience before making a submission. Anyone affected by the Disability Royal Commission can access free, specialist counselling support through Blue Knot Foundation.
Call 1800 421 468.

However, if you have any questions or would like to provide feedback, you can contact Rev Andy Calder on either **andy.calder@victas.uca.org.au** or 03 9380 8844. Andy is the Synod's Disability Inclusion Advocate and is Chairperson of the Synod's Disability Royal Commission Task Force. Any such contact will be confidential.

Dr Alma Ram, pictured in the ruby trousers and scarf, says to HSUC:

"I want to thank you all, as you have supported us for such a long time - eight years - and it is still going on. If you hadn't supported us we would have had to close down the project. We have just eight workers in the project and are supporting 22,000 people."

During lockdown in India they have:

- Kept in touch with workers and villages with mobile phones.
- Made and given out face masks.
- Given out 22,000 packs of rusks to have with tea.
- Fed migrant workers who have lost jobs.
- Arranged for women to sell their craft products at a monthly festival to provide them with some income.



SNAPSHOTS OF LIFE DURING COVID 19 RESTRICTIONS

CATHERINE ANNABLE



What has been different about your life during the restrictions?

Catherine has had several changes to her normal routines. She has not been able to travel into town by train to attend University. She also has not been able to attend her e.motion21 dancing groups three times a week, and regular pilates classes. These activities have continued online on Zoom which she is enjoying, but which is not quite the same. Catherine has missed the human contact with her friends at uni and dancing, and didn't see even close relatives other than Mum and Dad for several weeks.

What has been the most challenging?

After being at University for the past year, and completing her course, Catherine was very much looking forward to her graduation ceremony, which unfortunately was postponed and is still to be rescheduled. Catherine was also due to start work in mid-March, having secured a position at Price Waterhouse Cooper with the Personal Assistants. This was very disappointing, after Successfully finishing her course and completing work experience.

What have you been doing while spending time at home?

Catherine has been keeping busy with all her activities on Zoom. More recently her brother Scott has been coming over and playing games with her, and sister-in-law Aimee has been helping her do some craft and cooking. Often Catherine finds shows to watch on YouTube, using her ipad. The family have been having Gold Class each Sunday night, choosing a movie to watch together with drinks, nibbles and a meal, which they have all enjoyed.

What has been the best, or a good, thing?

Catherine always loves dancing, and is very happy that this has continued on Zoom. She also loves the Gold Class movie night, and snuggling up to Mum when she gets cold.

What are you most looking forward to as restrictions ease more?

Catherine is very much looking forward to starting work, having her graduation ceremony, and seeing friends again.

ENID CHURCHER



What has been different about your life during the restrictions?

In some ways Enid says not a lot has been different, as she has become used to living on her own over the past 15 years, since her beloved husband passed away. Enid says she is fortunate though to have two of her three children live close by who are very helpful. Her daughter has been doing her shopping for her, which Enid usually does herself. Enid's son often assists with practical jobs around the house which she is not able to do, and with things involving new technology.

What has been the most challenging?

Enid says one difficulty (not only during this time) is learning new things, such as Zoom, Facebook, and using different things on the ipad and mobile. She says she's a bit nervous of these, and sometimes doesn't remember how to do things, but she is happy with herself for giving things a go, and others tell her she's doing really well. She is Zooming into church regularly, so that is a very good indication!

What have you been doing while spending time at home?

Enid keeps herself busy with looking after the house (currently organising tradesmen to do some jobs), and looking after the garden. She is active and likes walking, and is starting to drive down to the local shops again now that they are open.

What has been the best, or a good, thing?

Enid sadly lost her cat Tina, a lovely long-term companion, in late January, and misses her dearly. However, in mid-March, she took in a beautiful Burmese cat when its owner had a fall and could no longer look after him. Enid and Rahmen have spent the last 2-3 months getting to know one another, with Enid having to lay down the law a little as Rahmen is definitely a bit naughty! Rahmen is responding well to training in a different household, and his behaviour has certainly improved. He has become a wonderful new companion and has helped her very much through this time.

What are you most looking forward to as restrictions ease more?

Enid is looking forward to getting out and about a bit more again, and being able to go back to church on Sundays. Having said that, Enid says she has been enjoying church on Zoom very much, and thinks David has managed it all extremely well. She enjoys the morning teas after the service and the chance to chat to others there. She has friends in other churches who haven't had the same opportunities, and so believes we are very fortunate.

CHAPLAINCY AT MONASH UNIVERSITY PENINSULA CAMPUS

SEMESTER 1 2020

What an unexpected, different and roller coaster of a semester it has been!

Monash Peninsula was geared up for another great Orientation Week in late February, when concerns about COVID 19 became more significant. After a delay of Semester for two weeks, the re-scheduled Orientation Week also did not go ahead, when restrictions ramped up quickly. Within 1-2 weeks the campus was closed, with all staff working from home, and all students studying online.

This has obviously been a huge adjustment for all concerned. Students missed out on orientation information and experiences, which was particularly difficult for first year students, brand new to university. Students needed to adapt to online study while confined to home, which can be very difficult with no face to face contact with other students or staff. They have also missed out on their practical classes, and placement opportunities which are requirements for their courses. general issues associated with COVID-19 (financial, mental health, welfare).

As you will know, international students have been in a particularly difficult situation. Not able to access Centrelink, lost their part-time jobs (hospitality & retail), and often parents overseas were affected financially too. Monash, along with many other universities, announced substantial financial support grants, which many have taken up. Monash has also had assistance from Second Bite, who provided food assistance in the form of frozen meals for students. I've been reassured that there are not too many concerns and have definitely offered my assistance if required in connecting people to Community Support Frankston.

For staff, it has meant big changes as well. For faculty staff, it meant quickly transitioning to working from home, managing presenting the course information and content in different ways, and working out what to do with the practical classes of courses such as Physio and Nursing and Paramedics. As well as placement opportunities when many organisations were not in a position to take on students. All support services, including Counselling and Chaplaincy, also went online. There has been an expanded support service which puts students in touch with senior students for consultation and referrals to other supports if they need.

Staff – its been fairly public that universities are facing huge financial problems, and staff feeling quite insecure about possible job losses, and about increased workloads. Many, including Monash, are undergoing processes staff votes for pay cuts in order to keep as many jobs as possible.

What has all this meant for me in Chaplaincy? Of course, this semester there have been no social events or gatherings, including certainly no pancake breakfasts, which has meant a big difference for me in the way that I have been able to connect (or not connect) with students. Although I am available online, it's a much bigger step for a student to make contact, rather than it flowing from informal interactions. Having said that, I have been able to connect with quite a number of students I had contact with before, through Facebook and email – and these students have really appreciated me checking in with them. For the last few weeks I have been visiting the Library for a couple of hours each Thursday morning – just being around campus again has definitely led to more contact with students and staff.

Mandy Lake



Hi Everyone,

So as some of you may know this upcoming set of school holidays, usually homes our young people's favourite camps, SOMERS!! Unfortunately, this year due to things happening in the world, the Somers core leadership team made the very difficult decision to cancel camp for this year. Which is the first time it has ever been cancelled or postponed in its 60+ years.

Although that doesn't mean that you won't be hearing from us. Just because we can't meet at camp this year doesn't mean we are not going to share the Somers spirit. Over the course of the last few weeks our leadership team has been hard at work, seeing if we could create an online Somers spirit experience. Our leaders have been working on preparing interactive, videos, devotions and possibly even a downloadable activity booklet. Our aim to that these exciting new things will get posted on our various social media accounts, throughout the week that should have been camp this year.

We are so sad that we can't see all of our Somers friends again at camp this year, but we are looking forward to hopefully be able to see everyone soon and seeing what our amazing leadership team has created.



DIY BATH PAINT

You will need:

(for each colour bath paint that you want to make)

- 1 cup shaving cream (per colour)
- 3 - 6 drops of food colouring
- Cups
- Paint brush (optional)

Method: Simply squirt out 1 cup of shaving cream, add a few drops of food colouring and mix well. That is really all you will need to make these bath paints. To make it even more fun you could get the children involved in creating the bath paints as well. Supervision is recommended as it can get a little slippery.



Gingerbread

Ingredients:

125g unsalted butter
1/3 cup brown sugar
1/4 cup golden syrup
1 egg, lightly beaten
2 cups plain flour
1/4 cup self-raising flour
1 tbsp ground ginger
1 tsp bicarb soda

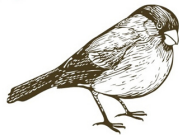


Method:

Using electric beaters, beat butter, sugar and syrup until light and creamy. Add egg gradually, beating thoroughly after each addition. Add dry ingredients. Stir until just combined. Turn dough onto well-floured surface and knead 1-2 minutes or until smooth. Refrigerate dough for about 30 minutes. Roll out dough on floured surface. Cut out shapes. Place on trays lined with baking paper. Bake in oven at 180°C for 10 minutes or until lightly browned. Decorate when cool.

nature scavenger hunt

- ~ a stick
- ~ something that smells good
- ~ something smooth
- ~ something green
- ~ animal poop
- ~ a leaf
- ~ birds chirping
- ~ small animal moving
- ~ something that doesn't belong
- ~ water source
- ~ birds nest
- ~ animal tracks



www.OurPieceOfEarth.com

