

JUNE 2020

HIGH STREET TIMES

Connecting Younger Generations **IN GOD'S LOVE**
Embracing All People **WITH CHRIST'S COMPASSION**
Strengthening Community **THROUGH THE HOLY SPIRIT**



Pentecost Sunday

**31ST MAY, 2020
COMBINED SERVICE**

<https://us02web.zoom.us/j/616254006>

or

Phone 7018 2005

Meeting ID: 616 254 006

Password: 3199

HIGH STREET UNITING CHURCH,
16-18 HIGH STREET, FRANKSTON

WWW.FRANKSTONUNITING.ORG.AU



MINISTER: Rev David Fotheringham (0407 861 092)
PASTORAL CARER: Rev Brenda Cooper (0405 194 327)
YOUTH & CHILDREN WORKER: Meg Ryan (0415 255 289)
MONASH UNIVERSITY CHAPLAIN: Mandy Lake
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For Our Prayers.....

Each month, High Street Times publishes the names of some of the people who are associated with our congregation, but who find it difficult or are not able to attend on Sunday mornings. At the moment, none of us can gather physically at the church, so we are praying for everyone! Nevertheless we especially remember the following:

May the Lord
be my light
in the dark.

Leon & Shiela Knoop, Barbara O'Malley, Gwen Paxino, Audrey Smith, Glad Thuraisingha, Audrey LaBrooy, Ruth Conn, Fay Dungey, Marie de Silva, Lola Coupe, Eileen McCarty, Molly Maughan.

Pray for Hannah and her new baby, Sophia

Pray for Barbara, recovering from an infection.

Pray for Ray, and for Max.

Pray for Beryl and Ted, and for Beryl's continuing improvement.

Pray for Carli, a friend of Jenni's.

Pray for Jenna, with leukaemia, and Anthony, with pneumonia.

Pray for Marlene's brother Fred and his wife Diane.

Pray for Millie's brother Bill, recovering from the virus in Scotland.

Pray for Marilyn's niece, Wendy, and her brother Colin (also known as George).

Pray for Andrew, recovering from stroke in Queensland.

Pray for Howard, recovering from surgery.

Pray for Beth, in rehab after a broken hip.

Pray for Naomi and the community in which she is providing care.

Pray for those who are struggling with mental health and connection through this period.

Pray for those who have lost employment.

Pray for those facing difficult life changes.

Pray for those who are recovering from the bushfires.

Pray for the VCC Emergencies Ministry.

Pray for the homeless and those providing support for all in need.

Pray for doctors and nurses and those working in essential services.

Pray for the countries who have been hit so hard by the virus; and for those who are now very vulnerable.

Pray for wisdom for us all, as we face the challenge of the relaxing of the Corona Virus restrictions.

Gracious God, into your hands we commend ourselves and all those whom we love, trusting in your love and grace for us in Jesus, our Saviour and Lord. Amen.

Prayer in the time of Coronavirus

God of love, God of grace, God of surprises,
We are grateful for the moments of love and community we share.
We know you are with us. We know the promise we have in you.
Yet we live with our hurt in the present and uncertainty in the time ahead,
and wonder what the future holds for us and our communities.

We pour out our hearts and souls to you
... and pray:

for your world, your peoples and all who inhabit the face of the earth;
for those who are grieving for loss of loved ones,
for those who fear for their safety,
for those who feel most isolated and alone;
for those who give of themselves to support others:
health care workers, cleaners, teachers, truck drivers and delivery personnel,
pharmacists, grocery sales assistants, phone counsellors,
personal care assistants, those who prepare meals for emergency food relief

... bring your comfort, hope, strength, and healing love.

We pray for our communities of faith,
that we may be beacons of hopefulness, of promise, of peace with each other,
and of inclusive love for neighbour.

We pray in the hope we know in Jesus,
in whom we see and know the fullness of the grace and love of God.

Amen.

Denise Liersch, Moderator, Synod of VicTas 14 May 2020



**Mrs. Jones got a little too used to
watching online worship from home.**

FROM THE MINISTER

Friends in Christ,

As I write, the government is making announcements about the next stage in the easing of restrictions, including that gatherings of up to 20 people will be allowed from the beginning of June. Even so, the overriding principle is the need to keep the community safe. As you can see from the report on “Covid-Safety at High Street Uniting”, later in this issue of High Street Times, the Church Council has appointed a task group to oversee our own safety efforts.

In John’s gospel, Jesus has a discussion with a Samaritan woman - in an outdoor environment, and I’m sure with good social distancing. In the midst of the discussion, the woman comments “Our ancestors worshiped on this mountain, but you [Jews] say that the place where people must worship is in Jerusalem.” In response, Jesus says “Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem... The hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him.” (John 4)

Worship is not restricted to particular places, even if particular places have always been set aside for worship, so the early Christians met in a variety of places. For reasons of safety, there were times when Christians met in the catacombs, the face of Roman persecution.

To meet for worship in new forms is nothing new – Christians have variously gathered in homes, school halls, movie theatres and bush chapels. The new form that we are working with now (and until it is sufficiently safe to do otherwise) has its limitations, but it is no less a gathering of God’s people in the presence of God’s Spirit.

This Sunday we’ll be celebrating the gifting of the Holy Spirit at Pentecost. We will be having a COMBINED service of worship at **10.00am**, using the links and phone numbers that the Traditional service usually use. I look forward to sharing with you all then, and to the encouragement that both Traditional and Contemporary worshippers gain as we meet at the body of Christ together. Meeting together for combined worship at Pentecost is an outworking of Paul’s writing in 2 Corinthians about the Spirit gifting us as members of the body together, differently gifted but a part of the whole body of Christ. If you haven’t tried phoning in for worship, or connecting through a computer or tablet, give it a try – it is always great to welcome new people and old friends as we share together.

God’s peace,

David (davidfoth7@gmail.com)

“COVID-safety” at High Street Uniting Church

The Church Council met again on Tuesday 19 May to discuss the ongoing impact of the pandemic and how best to facilitate the ongoing operations of our church. While some social restrictions are beginning to ease, it is clear that gatherings of large numbers of people indoors are going to remain risky, if not prohibited, for quite a long time. We recognise that we would all love to be able to meet and worship together soon, but regrettably this cannot be the case.

The Uniting Church Synod and the Presbytery of Port Phillip East are continually monitoring the evolving situation and have developed resources to help guide any actions on our part.

The Church Council has agreed on the following principles, derived from a discussion hosted by the Port Phillip East Presbytery. These will guide all our plans during these challenging times.

- 1. Gathering for worship is important, but safety of people is more important.**
- 2. People, relationships, and love for our neighbour are to be safely fostered.**
- 3. Decisions about activities will take into account the needs of the most vulnerable.**
- 4. We commit to the good of the whole community.**

There are several levels of our own congregational groups and activities for which safety protocols will need to be clearly identified and closely monitored:

1. Small groups for Bible study etc. which typically meet in private homes.
2. Small and large community groups that have been used to using space at the church
3. Outreach activities (like the Wednesday BBQ) based at the church
4. Youth group and Play group
5. Sunday worship

Some of the issues that will need to be addressed include:

1. Ensuring that good hygiene is reliably practised, sanitiser is available, etc.
2. Ensuring that social distancing and numerical limits indoors are adhered to.
3. Ensuring that records of all people at gatherings are kept for contact tracing if necessary.
4. Ensuring that people who are unwell are not in attendance at gatherings.
5. Ensuring that cleaning between all gatherings is of a suitably high standard.
6. Ensuring that ingress and egress from rooms and the buildings are well managed.
7. Ensuring that all food handling is undertaken in a strictly hygienic manner.

This is not an exhaustive list, but it illustrates the amount of planning and care that will need to be taken before we are in a position to again meet socially together indoors. Fortunately, we are not limited by spaces – we are able to maintain relationships, worship, and care through phone calls, careful pastoral care, and joining in worship through the technology at our disposal. God is not limited to being in a particular space, as Ezekiel was keen to point out to the Israelites when they were in exile from the Jerusalem temple.

To oversee these protocols, the Church Council has appointed the Executive and the Ministry Team to work together as a “Covid-safety oversight group” for the church. We have a great deal of material from the Synod with which to work, to ensure that we are able to act with safety and love for all, including the most vulnerable, in all that we do.

We will continue to closely monitor developments as they occur in this context and keep you informed of these. Know that we will always be guided by the 4 principles we have identified and committed to enact, always looking to embrace Christ’s call to love one another.

LIFE IN LOCKDOWN - REV BRENDA COOPER

I enjoy reminiscing. During 'Lockdown, I am taking the opportunity to declutter, which requires lots of sorting out. I came across a lovely little publication from my Boronia Road days called 'Memories'. The congregation had put together short articles from their memory boxes, for example, one remembered Sunday afternoon drives where they ended up at their Grandparents home, where, after tea they sung songs around the piano, little snippets which remind us of changing times.

I remember from that era the arrival of television around 1956 for the Melbourne Olympic Games. Our neighbours were the first in the street to get their own television set, which was a source of great interest to all. Every Monday they opened their home to anyone from the street who wanted to watch 'I Love Lucy'. They were happy times. I wouldn't however, want to swap my lovely big flat screened coloured television for that small black and white screen of yesterday. Today's tele has taken me on some wonderful adventures such as train trips with Michael Portillo through England Europe and America, to treacherous adventure excursions, all from the comfort of my living room. I digress, which is what decluttering involves! In this little book of memories, was included a piece called 'The kitchen Table'. It was 'Author unknown', so I share it with you now.

The Kitchen Table

Remember how once we would sit down as one,
And Dad would say grace when the carving was done,
Our own serviettes from our own special rings,
And we all knew our manners and etiquette things.
Then our elders would tell us of custom and fable,
When we all sat about at our own kitchen table.

Now they're building new mansions with four-car garages,
Our working lives mortgaged to interest and charges.
There's less time at home for the tea to be made,
And it's seldom today that the table is laid.
There's room after room under gable and gable,
But there's not enough room for a kitchen table.

At weekends the parents are chauffeurs unpaid,
No wonder they're tired and their tempers are frayed.,
As they ferry their broods to arenas of sport,
Where the culture of winning's intensively taught.
And there's no time for talk 'round the kitchen table.

Karl Marx called religion the drug of the people,
But there's scant regard now for the church or the steeple.
Just give 'em more sport and don't let 'em think,
And keep 'em away from the kitchen sink.
We'll give 'em more sport and the culture of Babel,
The throwaway culture that threw out the table

With the culture of rap and their baseball caps,
There'll soon be no fellas, no blokes and no chaps.
When they all dress the same then it's little surprise
That the girls swear as much and as foul as the guys.
So we grandparents must, just as long as we're able
Keep our culture alive 'round the old kitchen table.

Author unknown

WORSHIP LINKS

(except 31 May – combined worship – see other notices)

TRADITIONAL

(9:00am)

Phone: (03) 7018 2005;

Meeting ID: 616 254 006;

Participant ID: (none – just press #); **Password:** 3199.

If you want to join using a video link that is also possible by going to

<https://zoom.us/j/616254006>

but the focus will be on people linking by phone.

CONTEMPORARY

(children from 10:25, main worship from 10:40)

<https://zoom.us/j/556610676>

or phone (03) 7018 2005; **Meeting ID:** 556 610 676;

Password: 3199.

WEBSITE:

Reflections accessible in text format.

<https://www.frankstonuniting.org.au/>

OFFERINGS

If you are not connected to regular direct debit, one-off or regular offerings

can be made to the church by transfer to

FRANKSTON UNITING CHURCH

BSB: **063 133**

Account: **800128**

Description: **OFFERING**

Alternatively, keep a bowl for your offerings at home, or mail a cheque to the church office,

16-18 High Street, Frankston 3199.

JUNE 2020 - DIARY

- **SUNDAY 31 MAY** – 10:00AM COMBINED PENTECOST SERVICE (Traditional and Contemporary)
- **Tuesday 2 June, 7:30pm** – Contemporary Oversight Group (COG)
- **Thursday 4 June, 11.00am** – Ministry Team meeting
- **Thursday 4 June, 7:30pm** – Thursday Bible Study group
- **Tuesday 9 June, 1.00pm** – Elders meeting
- **Tuesday 9 June, 7:30pm** – possible Church Council meeting if necessary
- **Thursday 18 June, 7:30pm** – Thursday Bible Study Group
- **Tuesday 23 June, 7:30pm** – Church Council meeting

Life in the JBKS Project During Covid-19 Lockdown

Good evening,

Preceding the lockdown we heard about Covid-19 - mainly South India Maharashtra, Bombay and Delhi and in Punjab Jalandhar, Nawanshehar and a few in Amritsar. None in Tarn Taran.

On the 22nd of March our Prime Minister announced a nationwide lockdown for 21 days. We hardly understood the phrase and the effect was catastrophic. Only daily needs; shops were open for 2 hours from 7am to 9am in the morning (this timing was increased in later lockdown).

My communication with my workers was only through the mobile, they would share their problems and they would also contact the main person in the villages they worked in.

Lockdown was continued by Announcements every two weeks, the last being today and we have been told till 31st May.

We found that one worker's husband left her with her child and no rations [food] in the house, another we found in Gurdaspur she had no rations. Fortunately our Bishop with a group of people in these areas was able to provide emergency Rations to these two people and their Family.

Our youth who are HIV positive: 3 are unable to get their supply of drugs, on Thursday 21st May a car will take them to the hospital to get their supply of drugs as they are 1 month late as no transport is available.

Our ladies have kept themselves busy during April making Baby sets and knitted Hairbands. Since the beginning of May MAREGA [labour making drains and repair of roads of villages and main road for 200-300 rupees a day - \$5] has begun in the village areas and many of our women are working on Marega to get daily allowance from the government. [women labouring in their normal clothes.]

We are grateful to God we have heard of No deaths or infection of Covid -19 among our people. We are planning on the 30th of this month a question paper for the workers to complete on WhatsApp who intern will again remind the key ladies in the field about the work of Jagriti Bhalai Kendra. The work we were to start among Acid survivors [thrown in face] and the new village will only begin upon the opening of lockdown.

I have learnt how to use WhatsApp more effectively through this period. Ha hah...

Thank you to everyone there,

Dr Alma Ram
Jagriti Bhalai Kendra Society



As we are unable to do any face-to-face fundraising during the social distancing phase we are appealing to people to purchase some of the craft and social enterprise goods made by the Indian project women and Friends of JBKS.

It would really help to keep them going...

Roll-up shopping backs, 50cmsx50cms \$5 each. Knitted hot water bottle covers \$15

Visit www.womanandchildhealth.org for full range of items. Please e-mail helen.beeby@gmail.com or 0434 412104 with questions or orders. Thank you.

SNAPSHOTS OF LIFE DURING COVID 19 RESTRICTIONS

We decided to catch up with a few people from our congregation to see how they are going in these strange times of unusual restrictions – here are their stories!

Rowena & Paolo Quintanilla,

Elijah & Lexie

What is different about your life at the moment?

Rowena and Paolo are both working from home. Paolo is working full time with Headspace (a youth mental health service), and was working for a department which were a trial working from home group, and commenced this before the government lockdown. Rowena teaches three days per week at Frankston Special Developmental school, and Elijah and Lexie were in childcare for those days. Rowena has continued to teach through participation in a pre-recorded series of lessons, plus two live Zoom sessions a day. As schools had asked to keep students at home if possible, Rowena and Paolo made the decision that Elijah and Lexie would stay home from childcare and they would manage them between their working commitments.

What is the most challenging?

Definitely balancing Rowena and Paolo's full-time work and caring for the children! It has been very tricky keeping them entertained while trying to run several online daily meetings. They say they have had to resort to too much screen time, however wanted to ensure that they were not putting the children or others at risk by sending them to childcare.

What is the best, or a good, thing?

Rowena says a great thing has been the whole family having breakfast, lunch and dinner together. They have also walked to watch the freight train go past each afternoon. Eli is obsessed with trains so this has been a big highlight!

Any tips or words of encouragement to others?

Rowena says that everyone has found this time challenging in so many different ways, but hope people have found their own way to reconnect with family, activities, friends and their local neighbourhood.

Graeme & Jenny Horsburgh

What is different about your life at the moment?

Graeme and Jenny say not having the usual contact with family and friends. This includes regular dinners with a group of long-term friends who are ex-students from Frankston High School. They have been joining in worship services, and missing the usual music, so have been enjoying watching Songs of Praise as well. They are keeping in contact with some church friends through an email group.

What is the most challenging?

Unfortunately Jenny's older sister passed away in regional Victoria during this time, and it was very difficult not having a regular funeral service for her. Apart from that, they say nothing very much really! They don't feel like it has affected them too much at all.

What are you doing to fill any extra time at home?

Graeme and Jenny normally spend lots of time in their garden – they say they are lucky to have a ½ acre block where they grow lots of fruit and vegetables, and try to be as self-sustaining as possible. Graeme says he has followed on from his father and grandfather in this activity, and it was just something they did. He reports that there are always plenty of jobs to do, for example, the fruit trees currently need pruning and cutting. He has recently spent a few days picking apples and is in the process of bottling them.

What is the best, or a good, thing?

Graeme likes the fact that it's been very quiet, not nearly as busy, when going out, and you can get parking very easily down the street when you have appointments!

Any tips or words of encouragement to others?

Graeme and Jenny can both recommend getting outside, keeping busy and occupied, and keeping active.

Edna Runciman

What is different about your life at the moment?

Edna says she has missed not having as much physical contact with immediate family, and not playing regular golf. While it hasn't worried her too much, there is a feeling of being a little cut-off with not being able to go out very much.

What is the most challenging?

Definitely not being able to have close contact with immediate family who live close by, having to see them through the front door, and not being able to give them a cuddle and a hug.

What are you doing to fill any extra time at home?

Edna says she is usually a home person, and enjoys activities like knitting, embroidery and reading, and getting outside in the garden, and has continued these. Now that restrictions have lifted a little, she has already been out to play golf. She also been busy contacting people by phone, at least one call per day, to connect with people outside of family at this time, including some that she hasn't talked with for a while.

What is the best, or a good, thing?

Edna is happy that she has mastered Zoom and has been enjoying David's church services very much. She has also been Facetime talking with her daughter in Albury, and seeing the beautiful autumn colours of the trees up there. Edna says she is not usually a huge fan of technology, but in this time it has really served its purpose well with connecting people.

Any tips or words of encouragement to others?

Edna reflected that this time may make people a bit more considerate of each other, and hopes that people may be a bit less materialistic, and be satisfied with a bit less.

Leiana & Paul Morey, Claire, Nathan, and Rebecca

What is different about your life at the moment?

Leiana works at Hearing Australia as an audiologist, and is the only one of her family leaving her house, as they are classed as essential workers. She has had to manage transforming their service, implementing all the changes for hygiene and infection control, and including Telehealth.

The rest of the family are working or studying from home: Paul working his engineering job, Claire studying second year science and engineering, Nathan studying Year 12, and Rebecca studying Year 10, all with their own separate areas of the home.

What is the most challenging?

For Leiana, the most difficult thing was managing all the rapid changes in her workplace early on. All the children are missing the social contacts which they would usually have. Nathan is missing some of the milestone events that would normally happen at school in his final year. Rebecca is missing contact with friends, and shopping - online is just not the same! Leiana reports that the kids may also be a bit tetchy with each other, being in close proximity all the time!

What are you doing to fill any extra time at home?

The kids usually do Saturday sport, so Leiana is enjoying a sleep in. She is also managing a bit more craft and reading. There have been more family activities, such as games together.

What is the best, or a good, thing?

Leiana says an appreciation of the freedom that we had before, with social and family gatherings. As well, an appreciation of the technology we have that has enabled us to carry on with learning and working without too much interruption. And the valuable new skills they have all learnt which they will take into the future.

Any tips or words of encouragement to others?

Leiana says that it's good to appreciate what we have, let's not rush back too quickly with lifting restrictions, we've managed so we can do it a bit longer, so we can keep everybody safe.



BOREDOM BINGO

Do 3 Chores	Make a Pillow Fort	Go On a Picnic
Build an Obstacle Course	Make up a Silly Song	Ride Your Bike or Scooter
Build A Spaceship	Read 3 Books	Do 5 kind acts

myfreebingocards.com

Chocolate Truffles Recipe

Ingredients

250grams marie/ plain biscuits
 1 tin condensed milk
 1 tablespoon cocoa
 1 cup coconut

Method

Crush biscuits finely. Mix all ingredients together then roll into balls and toss in extra coconut.

Basic choc chip cookies

125 g butter	1/2 cup sugar
1/2 cup brown sugar	1/2 tsp vanilla essence
1 egg	1/4 tsp salt
1 3/4 cups self-raising flour	150 g milk chocolate chips

Method

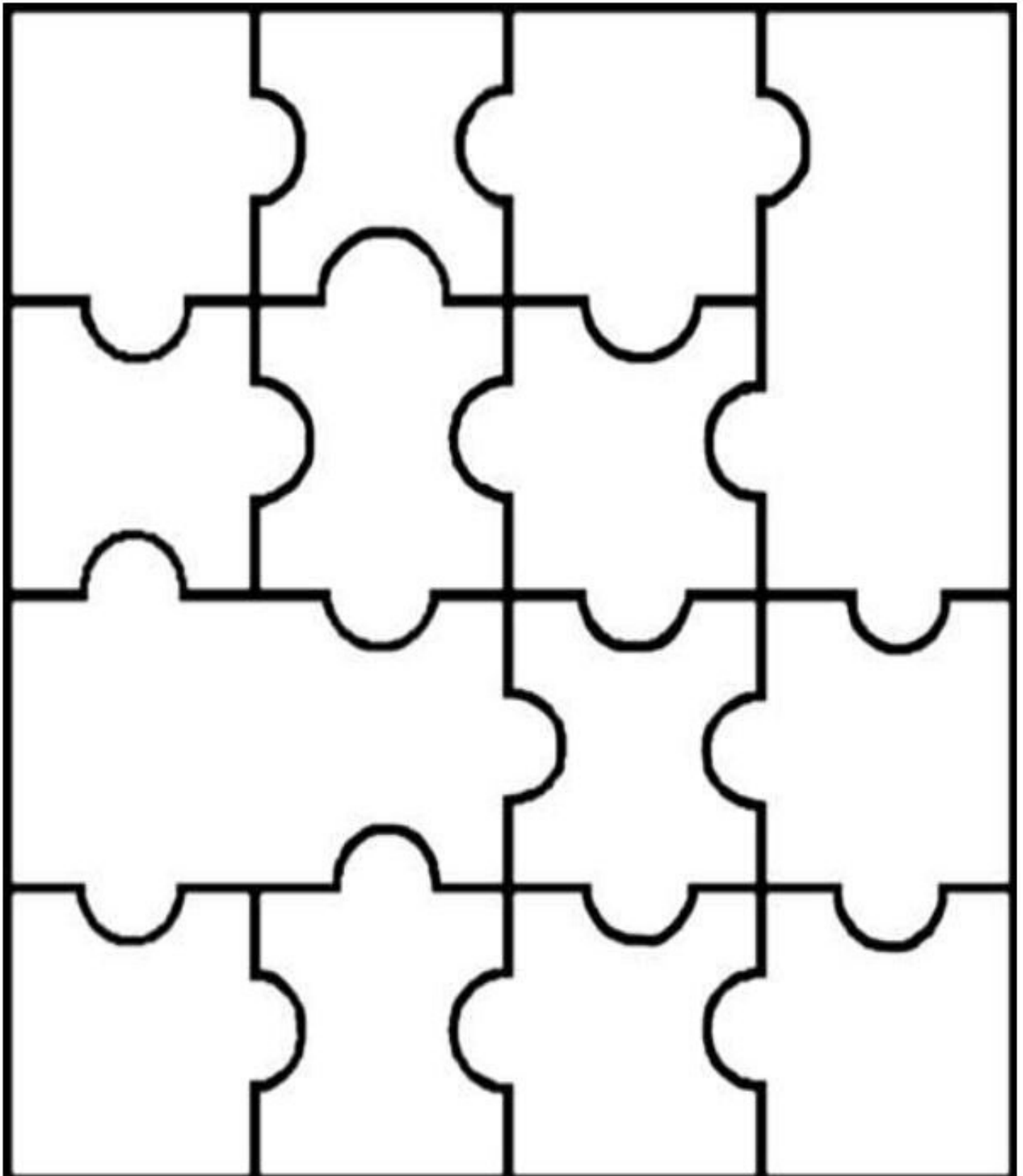
Preheat oven to 180°C (160°C fan-forced). Line three trays with baking paper and set aside. In a mixing bowl, cream the butter, sugar and vanilla. Add the egg and then flour and salt and combine. Stir in the chocolate chips. Roll into teaspoon-sized balls and place on prepared trays, leaving enough room for mixture to spread as it cooks. Bake for 8-12 minutes. Leave on the tray for a few minutes to cool.

Wondering what to do with all those toilet paper and paper towel rolls you stocked up on?



Its Puzzle Time

Let's create your own puzzle. Draw something interesting on your puzzle.
(laminiate if you have the ability) Otherwise once the drawing is
complete cut out the pieces, then shuffle. Now you have your very own



puzzle.